

TARGETED AUDIENCE: Counselors, Social Workers, Nurses, Rehabilitation Professionals etc.

The AL-APSE and ACDD virtual conference is intended to disseminate a wide variety of information that would be of interest to professionals in the disability arena as well as individuals with disabilities and their families.

Continuing Education Information

The Alabama Department of Rehabilitation Services is a co-sponsor of this event. No continuing education fee is required.

In the content area of Professional Studies by the Registry of Interpreters for the Deaf at the Little Content Knowledge Level for CMP and ACET participants. Activity # 0316-####-##
____ contact hours are approved.

Additionally, ADRS is approved by the Commission on Rehabilitation Counselor Certification (CRCC) to sponsor continuing education credits for counselors; sponsor number 00060639.

For nurses, Children's Rehabilitation Service is approved as a provider of continuing education in nursing by the Alabama Board of Nursing through April 16, 2020.

Participants must be in **attendance for full conference** and must attend approved sessions for all time slots to receive Continuing Education Credit. **No contact hours will be awarded for partial attendance.**



Learning Objectives

At the end of this program, participants will be able to:

1. Understand the role that adversity plays in overcoming personal barriers.
2. Describe how systems collaboration can be useful for the maximization of success.
3. Understand how the Covid-19 pandemic impacted service delivery in Alabama and the need for enhanced collaboration with national partners moving forward.
4. Identify future initiatives that will enhance service delivery in Alabama.
5. Identify 3 important need-centered and relational activities important to service delivery in a virtual environment.
6. Develop 3 critical activities to engage in to support individual self-care.

7. Identify 3 steps necessary to retain trust of the individuals served and 1 advocacy issue important to advance in a shifting virtual work environment.
8. Describe various waiver services to be provided under the new Alabama Community Waiver program.
9. Identify enrollment groups to be targeted by the new Community Waiver program, including eligibility criteria and service packages.
10. Attendees will be able to identify resources that are useful to assist individuals with I/DD to successfully achieve life goals.
11. Attendees will understand the steps to access the regional Family Advisory Networks in Alabama.
12. Attendees will be able to identify the 6 "must haves" for every business coming out of COVID-19.

Outline of Course Content

Thursday, August 5, 2021

Opening General Session: 9:00 a.m.

OMG...What's NEXT? The Future, Post COVID-19 Tom Morrison

The COVID-19 pandemic is currently the largest disruption ever to hit the world economy. It's brought virtually everything in its path to a virtual halt. In all that is going on in the chaos, one piece of good news is...it *will* end. The question for you is, will you be prepared for the opportunities post COVID-19? All of the opportunities and challenges prior to this global crisis will still exist...they will just look different. Those who start planning now for WHAT's NEXT will be the winners in the post COVID-19 economy.

In his informative, engaging, and energetic session, Tom will unpack the key elements to getting a running start during COVID-19 with his **FUTURE 4.0 Thinking** including:

Learning Objectives:

1. Attendees will be able to identify the 6 "must haves" for every business coming out of COVID-19.
2. Attendees will be able to list 4 technologies that will change everything.
3. Attendees will be able to understand how the Internet of Things and Industry 4.0 are the solutions to maximizing productivity, people, and profits.

General Session: 10:45

Obstacles and Opportunities: Addressing the Present and Looking Forward to the Future

Leadership Panel:

Kimberly G. Boswell, Commissioner of the Alabama Department of Mental Health

Jane Elizabeth Burdeshaw, Commissioner of the Alabama Department of Rehabilitation Services

Carol Dobak, Acting Deputy Commissioner of RSA

Jennifer Johnson, Deputy Commissioner Administration of Disabilities on behalf of ACL

2020 was a year that we'll never forget. It impacted everyone, one way or another. Service delivery was no different. It challenged us to become better leaders, more innovative, more dedicated, and more resilient. Leaders at both the state and national levels will share how Covid-19 presented both obstacles and opportunities, and why collaboration and partnerships are more important now than ever. Following updates, audience members can submit questions for panel members!

Learning Objectives:

1. Attendees will understand how the Covid-19 presented challenges at the state and national level and how collaboration enabled states to address the multiple challenges of the pandemic in service delivery.
2. Attendees will be able to identify future initiatives that will enhance service delivery in Alabama.
3. Attendees will be able to list the supports available to states from national partners.

General Session: 1:30

If you can dream it, you can do It!

Including Alabama APSE Awards announcements!

Stories can move us and affect us in unique ways. Whether it's empathy, sadness, joy or motivation, a good story can light up any of our emotions.

Stories make us see things from a new perspective and give us the reasons we need to believe in ourselves and believe in others! This session will feature recorded stories of individuals that have received supports and services from ADMH and/or ADRS and achieved success that some may have doubted.

Closing Session: 2:45

Resiliency & Success: Finding Strength in Adverse Experiences

Tia Moretti

This speaker will share the role adversity played in overcoming barriers and the importance of protective factors. Sharing her own life story and history, participants will hear how resiliency can be leveraged to motivate and drive success. Tia Moretti will share how adverse childhood events were exacerbated by disability and why systems collaboration was necessary for the maximization of success.

Learning Objectives:

1. Understand how adversity can prepare you to overcome barriers.
2. Identify protective barriers that are instrumental in achieving success in life.
3. Understand how system collaboration is often necessary for the maximization of success in life.

Friday, August 6, 2021

Breakout Sessions

9:00 Track I – Self Advocate Focus

Alabama Family Advisory Network

Tammy Moore Susan Ellis

This session will provide information on the Alabama Department of Mental Health's new Family Advisory Network. Team members in each region are trained in Charting the Life Course principals and utilizing planning tools to assisting individuals with I/DD and their families to access resources so successfully achieve their vision of a good life.

Learning Objectives:

1. Attendees will be able to list Charting the Life course core principals.
2. Attendees will be able to identify resources that are useful to assist individuals with I/DD to successfully achieve life goals.
3. Attendees will understand the steps to access the regional Family Advisory Network in Alabama.

10:45 Track I – Self Advocate Focus

Alabama’s Future Home and Community-Based Service System for Individuals with Intellectual Disabilities

The session will provide an overview of Alabama’s future Home and Community-Based Waiver Service Delivery System for individuals with intellectual disabilities. Goals and desired outcomes of the new waiver system will be shared with participants.

Learning Objectives:

1. Provide an overview of how Alabama can re-structure it’s Home and Community Based Waiver Services to better support individuals with intellectual disabilities, and their families, to live a more community integrated lifestyle.
2. Describe the various waiver services to be provided under a new community waiver program
3. Identify the enrollment groups to be targeted by the new community waiver including eligibility criteria and service packages, and more

9:00 Track I – Ethics in Rehabilitation

Ethics of Care in a Virtual Environment

William O. Livisay, Jr.

Over the past eighteen months our world of work has been impacted by a global pandemic and our need to adjust our interactions and service delivery processes. In this environment it is as important as ever that we are conscious of our ethical responsibilities to our clients, customers, and employers. In this workshop, we will explore core principals of the Ethics of Care and how they show up in our work, especially in a virtual work environment.

Learning Objectives:

- 1) Participants will identify how they cultivate and maintain just and caring relationships in a virtual environment.
- 2) Participants will identify 3 important need-centered and relational activities important to service delivery in a virtual environment.
- 3) Participants will develop 3 critical activities to engage in to support their individual self-care.

10:45 Track II – Ethics in Rehabilitation

Ethics of Social Justice in a Virtual Environment

William O. Livisay, Jr.

In our world of work, the lessons learned from the impact of a global pandemic, has also highlighted inequities of social justice in our communities and our work. In this workshop we will explore our ethical responsibilities through the lens of social justice and disability rights. What guides us? What critical issues have surfaced or become more visible? How do we retain our consumers trust and advocate for the communities we work in during this critical moment of a shifting work environment?

Learning Objectives:

- 1) Participants will understand the importance of ensuring the fair and equitable treatment of all people.
- 2) Participants will identify 3 critical issues that highlighted the need to close the disparity in the disability community as we move forward from the global pandemic.
- 3) Participants will identify 3 next steps they will take to retain trust of the consumers they serve and 1 advocacy issue they believe is important to advance as a result of the shifting virtual work environment.