

Outline of Course Content

Wednesday June 24, 2009

1:00 – 2:15 Keynote Address

1.0 Contact Hours

Build a Bridge and Get Over It: Presented by Gary Huckaby, Jr., Ph.D

At the conclusion of this program, participants will be able to:

- 1) Describe how to approach everyday life scenarios positively.
- 2) Identify life perspectives that keep people stuck in a rut.
- 3) Describe how changing personal actions will change personal results for people with disabilities.

Wednesday June 24, 2009

2:30 – 3:45 Concurrent Sessions

1.0 Contact Hours

Lead Like a Lizard: Presented by Gary Huckaby, Jr., Ph.D

At the conclusion of this program, participants will be able to:

- 1) Identify the problems with expecting coworkers to adapt to different leadership styles.
- 2) List ways to recognize what motivates different employees.
- 3) Describe how leadership style creates stress or reduces stress for employees who work with people with disabilities.

What is a CWIC? What Social Security Benefit Specialists Can Do for You and Your Consumers: Presented by Denise Murray, M.Ed., Katie McGrath, M.S., and Meghann Miller, B.S.

At the conclusion of this program, participants will be able to:

- 1) Discuss the basics of work incentives for persons receiving SSI and SSDI.
- 2) Explain who qualifies for services from ALAWIN and WIPA programs in Alabama.
- 3) Identify the services a CWIC/SS Benefits Specialist can provide for service providers and their customers.

Understanding and Supporting Siblings of All Ages: Presented by Tom Fish, Ph.D (Repeated)

At the conclusion of this program, participants will be able to:

- 1) Describe the needs and strengths of siblings of people with disabilities.
- 2) Identify resources to support and advocate for siblings of people with disabilities.
- 3) List ways to involve siblings in the lives of their brothers and sisters with disabilities.

Self Directed Services and Community Living: Presented by William D. Taylor, Ph.D, and Kathy Taylor

This session will feature a father and his daughter who has a significant disability who together have extensive experience navigating the realm of self directed services and will provide “how to” information on transitioning to community living for people with disabilities.

At the end of this program, participants will be able to:

- 1) List the steps for self-directed waiver services.
- 2) Describe strategies for successful community living options
- 3) Identify requirements and forms useful to successful community living utilizing self-directed services.

Psychiatric Management of Persons with Intellectual Disability: Presented by Richard E. Powers, M.D.

At the end of this program participants will be able to:

- 1) Describe the frequency of mental illness in persons with Intellectual Disabilities.
- 2) Define common symptoms of depression, anxiety and psychosis.
- 3) Outline treatment strategies for persons with common forms of mental illness.

Thursday June 25, 2009

8:30 – 9:45 Keynote Address

1.0 Contact Hours

Funny...You Don't Look Crazy?! Presented by Victoria Maxwell, B.F.A

This session will be presented from a self advocate's perspective, as Ms. Maxwell has been diagnosed with bipolar disorder, anxiety and psychosis, but was able to successfully become employed.

At the end of this program, participants will be able to:

- 1) List the described symptoms of mania and depression that can be present on the job prior to successful treatment. Describe successful recovery and ‘return to work’ support systems.
- 2) Outline challenges and solutions specific to returning to work when coping with a mental illness.
- 3) Demonstrate elements of effective pre-employment and vocational rehabilitation programs as described by a self advocate.

Thursday June 25, 2009

10:15 – 11:30 Concurrent Sessions

1.0 Contact Hours

Effective Mental Health Return to Work Accommodations: Presented by Victoria Maxwell, B.F.A.

This session will be presented from a self advocate's perspective, as Ms. Maxwell has been diagnosed with bipolar disorder, anxiety and psychosis, but was able to successfully become employed

At the end of this program, participants will be able to:

- 1) List at least three areas of work function that are commonly impacted by mental illness, as described by a self advocate.
- 2) Identify three or more mental health return to work accommodations.
- 3) Expand skills and abilities of empathy and insight into the "lived" experience of mental illness and the entry or re-entry to the work process.
- 4) State benefits of goal setting in relation to disability.

Are We Having Fun Yet? Presented by Gary Huckaby, Jr., Ph.D

At the end of this program, participants will be able to:

- 1) Identify techniques for dealing with stress in the fast paced world we live in.
- 2) Describe how a positive outlook on life influences personal growth for people with disabilities and their families.

Understanding and Supporting Siblings of All Ages: Presented by Tom Fish, Ph.D (Repeated)

At the conclusion of this program, participants will be able to:

- 1) Describe the needs and strengths of siblings of people with disabilities.
- 3) Identify resources to support and advocate for siblings of people with disabilities.
- 4) List ways to involve siblings in the lives of their brothers and sisters with disabilities.

Make or Break Time: Special Education Advocacy Rights Training for High School Students and Their Families: Presented by Nancy Anderson, J.D.

At the end of this program, participants will be able to:

- 1) Describe the basic procedural rights provided by the Individuals with Disabilities Education Act.
- 2) Discuss how to ensure effective evaluations of youth and how to develop educational goals for transition purposes.
- 3) Learn that transition planning is as individualized as any other part of an IEP – no cookie cutters allowed.

Discovery: Finding the Way to Community Employment for Everyone: Presented by Patty Cassidy, M. Ed

At the end of this program participants will be able to:

- 1) List the differences between outcomes of traditional vocational assessments and Discovery.
- 2) Identify four effective strategies used in the Discovery Process.

- 3) Describe the development process of the Vocational Profile following the activities of Discovery.

Thursday June 25, 2009

1:00 – 2:15 Keynote Address 1.0 Contact Hours

Parallels in Time: Why we Keep Making the Same Mistakes: Presented by Colleen Wieck, Ph.D

At the end of this program, participants will be able to:

- 1) Describe three practices that exist in the disability field that began centuries ago.
- 2) Describe assessment processes that began in the 1900's and continue today. These processes are often used to make decisions about employment and living arrangements.
- 3) Describe at least one strategy that can be used to break the recycling of out-of-date thinking.

Thursday June 25, 2009

2:30 – 3:45 Concurrent Sessions 1.0 Contact Hours

Social Security Boot Camp Part I – Understanding Title XVI - Supplemental Security Income: Presented by Donna Bowden, M.S.

At the end of this program, participants will be able to:

- 1) List the eligibility process for becoming an SSI recipient.
- 2) Describe the application process for SSI.
- 3) Describe the appeal process if denied SSI.
- 4) List the income ranges for SSI

The Past Fifty Years of Day Programs and Employment Developments: Presented by Colleen Wieck, Ph.D

At the end of this program, participants will be able to:

- 1) Describe the evolution from day programs to employment practices of today.
- 2) List key lawsuits of the 1960's that are still relevant to employment policies today.
- 3) Identify nationally known key leaders in the employment field.

Customized Community Employment: You Know When it Fits Well: Presented by Patty Cassidy, M. Ed

At the end of this program, participants will be able to:

- 1) Identify five different types of customized employment.
- 2) Describe customized approaches versus a "template" of services strategies and the difference in outcomes achieved by each.

- 3) Discuss the difference between a market based approach to job development and a customized approach to job development

Ethical Dilemmas for the Rehabilitation Professional Part I: Presented by Steve Simpson, J.D.

At the end of this program, participants will be able to:

- 1) Describe the difference in the CRC Code of Ethics and the Code of Ethics for Public Employees.
- 2) List individual circumstances that require filing of Statement of Economic Interests.

Including Samuel Part I: Presented by Dan Habib, B.A.

This session will be presented from an advocate's perspective as photojournalist Dan Habib rarely thought about inclusion before he had his son Samuel, who was born with cerebral palsy. The content of this presentation will be through film format which is a documentary that chronicles the Habib family's effort to include Samuel in every fact of their lives. The film also features four other families with varied inclusion experiences.

At the end of this program, participants will be able to:

- 1) Describe experiences that teachers, parents and disability rights experts have with youth with disabilities.

Thursday June 12, 2008

4:00 – 5:00 Concurrent Sessions

1.0 Contact Hours

Ethical Dilemmas for the Rehabilitation Professional Part II: Presented by Steve Simpson, J.D.

Continuation of 2:30 Session

At the end of this program, participants will be able to:

- 1) Identify when to seek legal advice for ethical dilemmas.
- 2) Describe scenarios that would present ethical dilemmas and what to do to ensure the code of ethics is followed.

Including Samuel Part II: Presented by Dan Habib, B.A.

Continuation of 2:30 Session

This session will be presented from an advocate's perspective as photojournalist Dan Habib rarely thought about inclusion before he had his son Samuel, who was born with cerebral palsy. This presentation will be a group discussion about the benefits and challenges of the educational and social inclusion of children with disabilities.

At the end of this program, participants will be able to:

- 1) Discuss the benefits and challenges of parenting a child with a disability through different life stages.

How to Be a Powerful Voice for Yourself – Self Advocates Speak Out: Presented by Bryan Foxworthy, Mark McClellan, and Sarah Meredith

This session will be presented by a panel of individuals with disabilities who will describe self advocacy from a personal perspective.

At the end of this program, participants will be able to:

- 1) Identify and access self advocacy organizations in their community.
- 2) Describe activities that self advocacy organizations perform.
- 3) List resources for people with developmental disabilities in their community.

Simple Ideas for Healthier Eating: Presented by Linda Jennings, M.S.

At the end of this program, participants will be able to:

- 1) Identify resources for addressing the nutritional needs of people with disabilities
- 2) List strategies to plan healthy meals for individuals with diabetes and hypertension.
- 3) List the 5 five basic food groups and foods to avoid for healthier eating.

Social Security Boot Camp Part II – Understanding Title XVI - Supplemental Security Income: Presented by Donna Bowden, M.S.

At the end of this program, participants will be able to:

- 1) Identify work incentives when pursuing employment and receiving SSI.
- 2) Describe scenarios where employment and going to work are in the best interest of the client.

Friday June 26, 2009

8:30 – 9:45 Concurrent Sessions

1.0 Contact Hours

Listening to Our Business Customers in Tough Economic Times: Presented by Peggy Anderson, M.S.

At the end of this program, participants will be able to:

- 1) Describe strategies to assist persons with disabilities with more appropriate “informed choice” for vocational goals that will better match this economy, along with the business expectations for those types of jobs.
- 2) Identify how to “sell” a product most needed by businesses.
- 3) Describe the facts to determine how to redesign their approach to employers in the current economy.

PASS and Work Incentives for Self Sufficiency: Presented by Pat Dowdell, B.A.

At the end of this program, participants will be able to:

- 1) List how work affects Social Security benefits.
- 2) Identify who is eligible for a Plan for Achieving Self Support (PASS) and how a PASS is funded.
- 3) List types of approvable PASS expenses and describe how to file the PASS application.

Intellectual Disabilities: The Changing Scene in Alabama: Presented by Cathy Crabtree, M.S.

At the end of this program, participants will be able to:

- 1) Describe the organization of the ID Division and how the work is accomplished.
- 2) Discuss the status of the ID Division's budget for the upcoming fiscal year.
- 3) List the ID Division's priorities for the upcoming fiscal year.

Achieving Great Things: Framework for Leadership and Tools for Leadership: Presented by BC Farnham, Ph.D and Sheryl Matney, M.S.

At the end of this program, participants will be able to:

- 1) List seven useful tools in developing leadership potential to promote employability for people with disabilities.
- 2) Identify qualities of a good leader.
- 3) Describe strategies that increase leadership skills.

Friday June 26, 2009

10:30 – 12:00 Keynote Address

F.O.C.U.S. (Follow On Course Until Successful): A Call to Move Forward Now: Presented by Robert E Streater, III, M.A.

At the end of this program, participants will be able to:

- 1) List the self-advocate's action steps in establishing realistic goals utilizing F.O.C.U.S. (Follow On Course Until Successful) in the face of adversity.
- 2) Recognize motivational techniques that enable a person with a disability to focus on the future and move forward in order to empower himself and his family.